

## שיעורי מצה ומרור וד' כוסות

The Mishna Brurah 486:1 brings a Machlokes as to what is the Shiur of a כזית. Is it a half an egg or a third of an egg (רמב"ם). The Mishna Brurah says that for מצוות דאורייתא you should eat half an egg, but for מצוות דרבנן if it is difficult to eat half an egg, you may eat a third of an egg.

There is another Machlokes, over whether the size of an egg has changed over the years. The opinion of the נודע ביהודה and the סופר חתם is that the eggs we have today are half the size of the eggs at the time of the Gemoro. Other Poskim disagree and hold that the eggs we have today are the same size as the eggs at the time of the Gemoro.

### מצוות דאורייתא

The Mishna Brurah says that for מצוות דאורייתא (אכילת מצה) one should be Machmir and if possible eat the size of a whole egg or at least 2/3 of an egg.

For the elderly or the sick and for children, who are not able to eat so much, it is ok for them to eat לכתחילה the size of a 1/3 of an egg, which is 2/3 of an ounce (volume) according to רב חזון איש, and 1-1/9 fluid ounces according to the חיים נאה.

### מצוות דרבנן

For מצוות דרבנן (מרור, כורך), you should preferably eat the size of half an egg or at least the size of 1/3 of an egg.

According to רב חיים נאה the Shiur of a כזית for מצוות דאורייתא is **1 Fluid ounce (volume)**. (Rabbi S.Z. Auerbach zt"l says that the Minhag in Yerusholayim was like רב חיים נאה).

According to רב חזון איש the Shiur of a כזית for מצוות דאורייתא is **1-2/3 fluid ounces (volume)**.

מרן הגריי קניבסקי זצ"ל בקונטרס איפת צדק ס"ק כ"ד כתב וז"ל כזית מצה עפ"י מדידת מרן הגאון שליט"א (דהיינו החזו"א) התברר כי בחצי מצה רגילה של מכונית (משינען מצה) יש כזית מצה ברווח. וכן שמעתי ממרן הגר"מ פיינשטיין זצ"ל שחצי מצה הוא בערך כזית וכן כתב הרה"ג מהרי"א הנקין זצ"ל שחצי מצה משינען די אף למחמירים שענינו ראות שחצי מצה היא יותר מחצי ביצה. ובשערים המצוינים בהלכה כתב שמדד ומצא דשליש מצה בינוני עבודת יד הוא כזית. יש פוסקים שסוברים שנתקטנו הביצים ומ"מ בשיעור כזית אינם מחמירים כמו החזו"א. כוס שנתן הגר"א (שג"כ סובר נתקטנו הביצים) לתלמידו הגר"י שקאלאו לכבוד חתונתו היה מחזיק 120 גרם.

## THE **שיעורים** OF THE **כזית** FOR **מצה** AND **מרור**

According to **ר' חיים נאה** the amount you have to eat for **מצוות דאורייתא** is **one Fluid ounce (volume)**.

According to the **חזון איש** the amount you have to eat for **מצוות דרבנן** is **1-2/3 fluid ounces**.

Since it is difficult to measure exactly how much Matzo is in a fluid ounce (because some of the fluff is included in the **כזית**) the below measurements are approximate.

### **For אפיקומן and מכילת מצה**

**Hand baked Matzos:** have approximately 6-7 Matzos per pound.

Each Matzo is approximately 5 fluid ounces. For thinner Matzos adjust the amount of fluid ounces per Matzo.

A healthy person should eat:

- **1/5 of a Matzo (according to ר' חיים נאה)**
- **1/3 of a Matzo (according to the חזון איש)**

An elderly or sick person and children need only eat:

- **1/7 of a Matzo (according to ר' חיים נאה)**
- **1/5 of a Matzo (according to the חזון איש)**

**Machine Matzos:** each matzo is approximately 2 Fluid ounces

A healthy person should eat:

- **1/2 of a Matzo (according to ר' חיים נאה)**
- **5/6 of a Matzo (according to the חזון איש)**

An elderly or sick person and children need only eat:

- **1/3 of a Matzo (according to ר' חיים נאה)**
- **1/2 of a Matzo (according to the חזון איש)**

### **For כורך**

**Hand Matzos:**

- **A little more than 1/7 of a Matzo is sufficient according to ר' חיים נאה**
- **A little more than 1/5 of a Matzo is sufficient according to the חזון איש**

An elderly or a sick person may eat less

**Machine Matzos:**

A healthy person should eat:

- **1/3 of a Matzo (according to ר' חיים נאה)**
- **1/2 of a Matzo (according to the חזון איש)**

An elderly or sick person and children may eat less

### **For Moror**

**Four Stalks of lettuce 4 inches long is an ample כזית, (a sick or elderly person 2 stalks).**

For **כורך** the minimum (if necessary) is 2 stalks four inches long.

**These שיעורים (amounts) should be eaten לכתחילה in two minutes, בדיעבד four minutes (and very בדיעבד nine minutes).**

### **ד' כוסות of שיעור**

The **כוס** (becher) should preferably hold **five fluid ounces**.

For the elderly or the sick and for children may use a **כוס** that holds **three ounces**.

You have to drink most of the **כוס** (רוב כוס).

It is preferable for men to use wine, you are **יוצא** with Grape juice. Women may use Grape juice **לכתחילה**.

If for health reasons it is difficult to drink undiluted wine or grape juice, a Shailo should be asked how much you can dilute it.